

## **Festive Holiday Salad**

The holidays are typically synonymous with warm, rich comfort foods. Why not switch things up for this light and refreshing holiday salad? This salad comes together in 10 minutes, making it super easy to bump up your intake of plants! Plus, the red and green ingredients are perfect for the festive season.

Recipe makes 4-6 servings Prep time: 10 minutes

## **Ingredients:**

- Small container mixed greens
- Small package of goat cheese (plain or fig)
- 100 g chopped pecans
- 1 pint fresh raspberries
- Maple Dijon Dressing

## **Directions:**

1. Combine all ingredients, toss, and serve. This makes a large salad that will serve 4-6 people.



**Tip:** Drizzle our homemade <u>Maple Dijon Dressing</u> over this salad for a mouth-watering tangy flavour!

Do you have a copy of our FREE Guide - 5 Secrets for Healthy Eating Success?

